

Seese, Lacrosse Coach

By DeJhard Kimbrough, Staff Writer

Potomac State hired a new men's lacrosse coach, Josh Seese. "I think this year's program has an awesome opportunity to be a part of that foundation year and put together a culture that yields successful student athletes and people," said Seese.

Seese played defense in lacrosse at University High School in Morgantown. He began coaching immediately after

graduating from University High School. Seese was the head coach at University High School from 2011 to 2013. The Hawks compiled a record of 30-5 during his tenure and won the West Virginia Scholastic Lacrosse Association (WVSLA) State Championships in 2011 and 2013. He also earned Coach of the Year in 2013.

After his time at University High School, Seese went on to

Robert Morris University where he was the Men's Lacrosse Director of Operations for the 2014 and 2015 seasons. "It (being at Robert Morris University) showed me every element of running a program," said Seese.

Seese's recipe for a winning program consists of "putting a culture in the program that yields success, having consistent improvement and recruiting good, young players."

The men's lacrosse begins their season on February 27.



Photo by B.J. Sires

Potomac State "Acts Out"

By B.J. Sires, Co-Editor

Two students at Potomac State College demonstrated in Frostburg on November 12-15. Zoe Lay and Skylar Spanburgh performed in Caught In the Act's

"Rocky Horror Picture Show" at the Lyric Theater.

Lay played Janet. While Janet and her fiance are travelling, their car breaks down. They enter the

mansion of Dr. Frank-N-Furter. In Frank-N-Furter's mansion, the couple discovers strange creatures including "phantoms". One of these "phantoms" was played by Skylar Spanburgh.

Both performers said that the cast had great energy. "We had a dynamic cast," Spanburgh stated. Lay said, "Getting to perform with talented people makes it better."

This was not the first show for either one of these performers.

Spanburgh started performing at the age of three in dance. and She joined drama her freshman year of high school. "My first show was 'Xanadu', and I played Calliope," said Spanburgh "It's hard to sum up." Following 'Xanadu', Spanburgh performed in 23 additional shows.

Lay started performing at age

five in dance and started acting at the age of seven. She started in "Aladdin" but said, "I didn't get serious about it until was 16." Lay has performed in 18 shows including "Spring Awakening," which she said is her favorite. "It was my first lead role," Lay said.

Performing isn't all enjoyment and praise; like everything, it has its downside. Spanburgh stated, "Traveling sucks." Lay explained, "Tech week (last week of rehearsals) is stressful."

You can see these two talented performers in upcoming shows. Spanburgh is looking forward to performing in "High School Musical" at Church McKee, and Lay is excited to be in "School House Rock" in Moorefield.

Both shows will be held in the Spring.



Photo by Adam Leatherman

AROUND CAMPUS

WVU Journalism Trip

By B.J. Sires, Co-Editor

I, along with seven other PSC students, toured the Reed School of Media on November 11, with our adviser Amber Butcher. We toured the campus, learned about various job opportunities on campus in the journalism field, and talked to students, professors and advisers.

Our first stop was Waterfront Place, where the recording studio for the bi-weekly sports management show is held. When we first walked in it was inspiring to see the resources the students could use regularly.

Whitney Godwin, the recruit-



Photo by Amber Butcher

Morgan Dyché looks at a camera WVU students use to make their bi-weekly sports management show.

ment specialist showed us around, explained how the school was utilizing Google Glasses to virtually bring perspective and current students to events and campus. She then allowed us to roam the room, touch the cameras, look at the set, and sit in the reporters' chairs.

Later we toured Martin Hall, the main journalism building. One tech-savvy classroom had a wall of smart televisions where students could stream the school's social media sites and watch news, a dry erase conference table, and three group stations with televisions capable of connecting to a laptop.

The editing room is where students can edit broadcast and print

projects.

A public relations professor ex-

"They still find seed stems in the sleeves of old records."

plained how her students work hard developing a portfolio of ideas for a company or business and present it to them at the conclusion of the semester. This encouraged me to start collecting my college work (including this article).

We then journeyed down the hall to one of the school's computer labs. This lab, like the rest of the college, was built with state-of-the-art technology. It featured a smart board and various circular group tables with Apple computers.

While in this room Godwin explained that students can sign out film equipment such as cameras, microphones, and Google Glasses. I was starting to get overwhelmed by the spectacular amount of technology students were able to use as resources.

After a quick lunch break at the Mountainlair, we walked to the Daily Antheneum, the school's student-run newspaper. This is where we started to learn about the job opportunities that students had on campus. We had a quick tour of the building and were able to ask the student employee questions. We were able to receive business cards from seniors with leadership positions on the paper. I was shocked by the students' organized and busy schedules.

We then walked back down to the Mountainlair to the school's radio station, U92. Matthew Fouty, the station's adviser, showed us around the studio. Fouty explained



Photo by Amber Butcher

Students walking through the "listening room" where the U92 staff houses all their music.

that they had different sound booths for different reasons. One was for creating commercials, one was for creating podcast, and the last for broadcasting live on air. Fouty explained that the station had students to listen to all the music that is sent to the station and choose which songs would be used on the air.

Then Fouty led the group into the "listening room." This was a small hallway with walls lined of shelves full of records, C.D.s and cassette tapes that the station had collected over the years. This room had once been where students had "back in the day" gone to "smoke up." They still find seed stems in the sleeves of old records. This was an interesting piece of history that gave us a small chuckle.

The day ended with the opportunity to talk to and ask questions to five current journalism students. They are all very active, whether it is by working at the Daily Antheneum, at U92, being a sports reporter for their biweekly show, or videotaping WVU sports games. They made it clear that every op-

portunity we were given, we should take. They also explained that even though GPAs are important, employers look heavily on experience working in the field. This experience is obtained via internships.



Photo by Amber Butcher

Caden Walters sits in the U92 recording studio.

The students, as well as an adviser highly encouraged doing two to four internships and explained that scholarships are available for students participating in internships to help them with living expenses in another city or country.

This trip not only inspired me to complete my public relations degree, but also gave me ideas for what I need to do in the future, such as maintaining a high GPA, taking advantage of opportunities, and looking for internships to continue on a better path to success.

AROUND CAMPUS

Kaler Moves On

By Morgan Dyche, Staff Writer

Director of Student Involvement Jeremy Kaler announced that he would be departing from his job as director of student involvement this semester. The news came in late September, but his last day was not until November 2.

Kaler was in charge of many different student activities including Late Night in the Commons and Humans Versus Zombies (HvZ), which was a campus-wide event. He was also the adviser for many campus clubs including Geeks and

Gamers, Student Government, Pin-terest Night and Young Americans for Liberty.

Kaler is on to greener pastures though. "I am the Associate Director of Student Engagement at Fairfield University," said Kaler, "I loved what I was doing at PSC. I loved the students, who I worked with, who I worked for, and the community, but at the end of the day, I wanted more, both professionally and personally."

Fairfield University is a private Jesuit liberal arts university in Fair-

field, Connecticut.

When asked what he was going to miss about Potomac State, Kaler responded, "I am going to miss the students. You guys are the reason I got up in the morning. I will miss your random conversations, your generosity, your enthusiasm, and going to your graduation."

In the wake of Kaler's departure, Antonio Rascon will now handle many of his duties with student involvement. Rascon's office is located in the ground level of the Student Union.

Clubs that Kaler advised had to find a new adviser. Rascon took over many of these duties as well.

Late Night in the Commons has been replaced with Thursday Night Hangout in the Student Union. Whether or not HvZ will continue has not been decided.

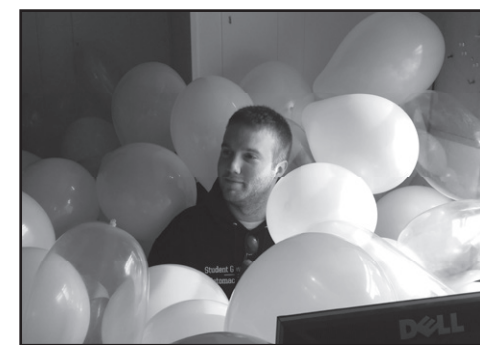


Photo by B.J. Sires

Jeremy Kaler was surprised his last day of work by his office being stuffed with balloons.

PSC at Horse Congress

By Courtney Smith, Staff Writer

PSC made an impressive showing at the All American Quarter Horse Congress in Columbus, Ohio, in October 2015. That was the final stop for their 2015 show season. At this show, Jazzy was 10th in the Open Weanling Fillies and 7th in the Limited Weanling Fillies. "I really enjoyed getting the opportunity to show such a wonderful filly, and I'm looking forward to the 2016 show season," said Sydney Ibarra, a student in the program. Another stallion in the program took top honors at a show in Beverly, WV, in June when she was named Congress Grand Champion and American Quarter Horse Association Reserve World Champion. "We do horse shows every year. But this year has been the most successful yet. It's our first year showing a Weanling Filly," said coordinator and instructor Jared Miller.

PSC has had horses since 2003. The equine program opened in 2005, and Miller has been head

of the program since 2009. The equine program degree is an Applied Science Associates degree in Production and Management. The students help with daily operations with the horses such as feeding, cleaning and exercising. The college received a large donation in 2014 of four mares and one stallion from Donald Rice, an Alabama business man. "The recent success of Potomac State's equines are a result of this generous donation," said Miller.

When asked where he sees this program going after the recent success, Miller replied, "Increasing enrollment of students, so we can give them an opportunity that they might not get anywhere else. We are competing at top-level horse shows. I'm also hoping for a four year program to come out of it as well. I encourage anyone with a love of horses to take the entry-level classes, and students are always welcome to come visit the horses Monday-Friday from 9-4:30 p.m."

Honors Student Trip

By B.J. Sires, Co-Editor

The honors students saw the show "*escanaba in da moonlight*" on November 19 after enjoying a dinner accompanied by one of the actors and former professor at Potomac State College, Fred Jacoby. Students BJ Sires, Skylar Spanburgh, Robert Browning, Rachel Lambert, Paige Harrison and adviser Vicki Huffman traveled to Oakland, Maryland to Long Branch Saloon to meet Jacoby. They enjoyed their meal as Jacoby explained the show without giving away the plot of the story.

The group then traveled to Our Town Theater to see the show. The show was approximately an hour and forty minutes and depicted a story of a man, his two sons, a friend of theirs, and a DNR officer spending a night in a hunting lodge as strange things happen around them.

It starts with Albert Soady, the father of the family, telling a story of their hunting trip. It was the year his younger son, Reuben,

finally shot a deer at the age of 43. This makes Reuben tied for the oldest Soady in history to shoot a deer. Other characters are Albert's older son Remnar, a DNR officer Tom Treado, and Jimmy "the Jimmer" played by Jacoby.

The night continues with drinking and bragging about years past before the group decides to go to bed. Strange things then start happening; Reuben Soady is awakened by a loud noise and bright light. He is stunned by this until his brother and uncle reawaken him by utilizing one of Jimmy's legendary farts.

The noise is heard again after Reuben explains what had happened and Rueben finally shoots his first deer. The story has hidden spiritual messages throughout the comical show including when Reuben's wife, Wolf Moon Dance, brings the deer in to symbolize that she had called in the deer for him to kill.

The group enjoyed learning about the play before seeing it.

AROUND CAMPUS

Local Author Visits Journalism Class

By Dejhard Kimbrough, Staff Writer

Roseanna White, a published author, who graduated from Frankfort High School visited Potomac State's Journalism 101 class on November 10. White has 10 novels out right now, and she also has her own publishing company called Whitefire Publishing.

White's journey as an author started when she was six years old. She learned that "when you pair a subject with a verb, you create a sentence," and that was "magic." In middle school, she began to write a novel that she finished when she was 13. That book, *The Lost Heiress*, was finally published in 2015 after "many, many tries," said White.

White home-schools two children. Her typical day consists of waking up around 5:30 in the morning. She writes from 5:45 to about 7:30 before making breakfast for her children. Their first session of classes starts at 9 a.m. Her kids eat lunch around 12, and their second session of school starts at 2 p.m.

White loves history, and she loves to write books that combine history with many other genres such as biblical or romance. White has written many Historical Romances: *Ring of Secrets*, *Fairchild's*



Photo by Amber Butcher

Pictured: Craig Prewitt, Roseanna White and SanQuan Long

Lady, Whispers from the Shadows, A Hero's Promise, and Circle of Spies. White has also written many biblical fictions: *Jewel of Persia, A Stray Drop of Blood* and *A Soft Breath of Wind*. White also has three books coming out within the next year: *The Reluctant Duchess* (April 2016), *Giver of Wonders* (October 2016), and *A Lady Unrivaled* (Fall 2016).

Whitefire Publishing was started by White's husband with her book *A Straight Drop of Blood*. "It's a lot of hard work," said White. Whitefire Publishing has 50 different titles and works with about 25 authors.

The writing industry is an

industry of "hurry up and wait," said White. "You feel like you have to hurry up and get the work in, and then you wait on editors for months at a time."

White has sold about 50,000 books total between her own personal books and Whitefire Publishing. "I can't imagine not writing, because I have been writing since I was six years old," said White. "If you take away my laptop, if you take away my pencil and pen, I will still be around the campfire telling stories."

Most of White's books are a guaranteed find on Amazon.

Run, Hide, Fight

By Jaiquan Parker, Staff Writer

In light of the recent campus shooting in Oregon, many worry about the safety of students on campus. Active shootings have become a reoccurring tragedy and scary reality.

Chief of University Police, Brian Kerling said, "the better education and knowledge we have as far as our options is important so that we can improve our ability to be safe." Kerling has implemented a safety procedure, titled RUN, HIDE, FIGHT. Developed by various agencies, Kerling said, "I believe the system is a very good system. The training of RUN, HIDE, FIGHT is the best training we have to date."

Should a situation ever occur, students should RUN, HIDE or FIGHT. Try to flee to safety. If that is not an option, try to find a hiding area where the shooter can't get to you such as cabinets, closets or offices. If you absolutely can't run or hide, you must fight for your safety. Try to distract the shooter by throwing things and abruptly attacking him. Remember your life is at stake in this situation.

Remember, to prevent such an accordance, if you see something strange or out of the ordinary with one of your colleagues, speak up. Report all strange activity to the Behavioral Intervention Team. This can be done anonymously by calling Campus Police at (304)788-4106 or visiting their office, located on the corner of Arnold Street and A Street.

Geminid Shower, December 13th

By Damian Kesecker, Staff Writer

December 13, 2015 marks the day in which the Geminid meteor shower will begin. Astronomers say to look into the sky towards the Gemini constellation late in the evening, with the expected peak of the shower to be around 2:30 a.m.

Geminids may be less visible when Gemini is close to the eastern horizon in the early evening. As night progresses, Gemini will rise, and meteors will become more visible as they descend from a higher point in the sky.

Despite low-visibility conditions, "Earth grazer" meteors can best be seen during early evening hours. An Earth grazer meteor moves much slower than other meteors, horizontally across the sky.

DECA Career Services

The DECA Club presented a series of three workshops in November to help students prepare for their futures.

Dress For Success

By Tessa Sawyers, *Editor-in-Chief*

Dressing for the job you want instead of the one you are applying for can give you an edge on your competition. T.J. Coleman, local author and veteran, and Susan Oates, manager of Peebles, spoke about dressing for success on November 10.

Coleman focused mostly on male attire. He said, "You wouldn't believe what people wear to their interviews... holey jeans, shorts, flip-flops." People should have pride in themselves and their appearance. Coleman told a story about a young man who dressed in a three-piece suit for an interview at Walmart to be a dock loader. Later on, a human resources head

remembered him and his tenacity. He was recommended for a managerial position.

"There's something wrong if students go through school and don't know how to dress for an interview," Coleman said. "The first impression may be the only one you get." Coleman talked about the correct length for suit jackets and dress slacks. He also invented "Investment Covers" to cover his newly shined shoes and protect them from dust. He joked with the crowd in attendance, "Ironing your entire shirt is integrity. You should do something just as good when no one is going to see it (as you would if they would see it)."

Oates focused more on the correct attire for a woman, which is less cut and dried than a man's attire. Women have a little more room for creative flair; however, Oates said, "The most important investment you can make is in a suit." She said that you should always keep your makeup low key and your hair should be neat and tidy. She said, "Start at the bottom; make sure everything is neat when you walk in."

Dressing for success can make a difference in your job search and in your everyday life. Opportunities can arise if you look your best and present yourself in a highly esteemed manner.

Resume Workshop

By Tessa Sawyers, *Editor-in-Chief*

Scoring an interview in the competitive job-sphere is very challenging. One of the most important tools you can wield is a perfect resume. The Collegiate DECA, a club focused on preparing its members for careers in different areas of business, sponsored a resume workshop on November 3. Jaynie Gilbert and Lynn Liard led the event in order to give students a leg up toward a career.

"Always be truthful," said Gilbert. Information that is falsified on a resume can be brought up years later and can result in termination of the job. Employers stress ethics. Putting false experience on a resume would definitely be against any company's ethics policy.

Gilbert called Laird the "resume expert." Laird explained that an

applicant should always have someone check and recheck their resume for any errors. "Eight seconds," said Laird "That is all you have to make an impression on a potential employer (with your resume)." She stressed that a resume should be visually pleasing from a distance in order to impress employers.

References are a very important part of your resume-building experience. However, you do not always have to include them on your resume. "Make sure it is someone you actually know and can say good things about you," said Gilbert. Notifying the person that their name was given and sending thank you notes is good etiquette for using references.

Gilbert and Laird also asked the attendees how they felt about

the college trying to put together a Career Services Center. Students said that they would like to see interview training, local job postings, and possible internship applications posted. Even though Potomac State College does not have career services, students can make use of West Virginia University's career database by contacting WVU.

In March, PSC will host a career fair. Businesses and organizations will be attending in search of students to fill intern and full-time positions. WVU's career services department will be in attendance and will set up a resume and interview workshop.

Gilbert stressed that students should "take advantage of resources." Building a resume is one of the most important steps to landing that dream job.

Interviews

By Drew Constable, *Co-Editor*

Mark Sturges, Senior Technical Recruiter for Carfax, recently presented a workshop to Potomac State College students on interview skills.

The program focused on several tips for making an interview a success, including being polite and professional, asking questions of the interviewer, and leaving cell phones at home.

Sturges also gave some recommendations to students for how to be better prepared for the job market, including having volunteer experience on the resume, owning a suit or business dress specifically for interviewing, and knowing one's resume well enough to be able to talk about each item on it.

Sturges was an early 90's student of PSC and a 1994 graduate of WVU.



Photo by Debi Cruse

Pictured: Susan Oates, Manager of Peebles

For career information visit
<http://careerservices.wvu.edu/>

SPORTS

Coach Anderson

By Jaiquan Parker, Staff Writer

Head Basketball Coach Justin Anderson is entering his tenth year as a head coach and his fourth season at PSC. After finishing with a 19-8 record and being runners-up in the Region XX Championship game, Anderson gears up the next season with a goal to win the title this season.

Anderson himself played in his college years and grew passionate for the game. Shortly thereafter, he decided to become a coach.

There are plenty of new faces on the team plus some returning players from last year. Anderson says, "We have a good mixture of in-state and out-of-state student-athletes. We are well balanced across the board as far as position players." With the returning players setting an example for the new faces on the team, they'll be able to pick up where they left off last year.

Anderson, though a basketball coach, emphasizes education to all his players as he recruits players for his program. Anderson said, "We look to recruit the student-athlete. A young man who wants to start his college career off on the right



Photo by PSC Communications Department
Coach Justin Anderson gives the mens basketball team advice.

foot. Good citizenship on and off campus, and they can not be afraid of hard work." Anderson clearly wants a "student first, athlete second" mentality from all his players.

Though he is already a well-decorated head coach, Anderson is still a student in his own right. Anderson says there are "too many [coaches] to count" when it comes to who he idolizes in his field. "I think it's important to be a continuous learner year in and out," Anderson said.

As of press time, the team is 7-0, with impressive wins over Prince George's Community College and Clark State Community College.

Cross Country Reveiw

By DaQuan Smith, Staff Writer

Potomac State Men's Cross Country season ended after an incredible competition at the NJCAA Division on November 7th in Massachusetts. The National Runner-up finish comes from the Former National Athlete of the Week, Jared Hallow. A great addition to his freshman legacy, he now has four consecutive finishes for runner-up. Hallow's outstanding

athletic skills puts him on top as the team's first All-American. The entire team shined, given that five of the seven runners for Potomac State set records on the Stanley Park Course.

Mohawk Valley's Zakaria Djouma won the individual title by merely a little under a minute before Hallow, giving Hallow 2nd place in the National Championship. In effort to beat his career

Jared Hallow

By Shelby Cutlip, Staff Writer

Jared Hallow, a freshman at Potomac State, started running cross country when he was only a sophomore in high school. "I've always liked to run and decided that year I was going to try out. To say I wasn't good enough may be an understatement," said Hallow.

If you asked anyone who knows Hallow, they will tell you that when he started, he was pretty slow. "I was the second slowest on the Junior Varsity team," said Hallow. Hallow went to practice every day, tried his hardest every meet, and by the end of the season, he made it to the varsity team.

"As I was improving, I saw the fastest guy on our team, Shane Rigsby, get top 10 in the state. Seeing that inspired me and gave me the drive to try and achieve that goal. I always seem to make big strides, and I got top 10 my senior year," said Hallow. After that he wasn't sure if he would be able to continue running competitively until he discovered Potomac State with our Cross Country program.

Hallow knew the program was new, and he wasn't sure how he would be able to handle it. "With Coach Hankins helping me improve, along with the push of my teammates, I again improved tremendously. We ran through many tough races in the beginning, and I learned how to run longer distanc-

best time, Gregory Dirlik placed 21 and had a finishing time of 29:03, but he trailed behind in the race for the All-American Honors. Pierce Miller (46), Matthew Spencer (88), Markis Aldridge (59), Zachary Green (91), and Marcus Garey (141) also competed for the PSC



Photo by PSC Communications Department

es," said Hallow.

The whole season, the Coach was telling Hallow to beat Howard. Hallow knew it would be tough. Even his fellow teammate, Pierce Miller, told him that it may not happen.

"After getting first place at Nationals and beating all the runners there, including Howard's number one guy, I knew it was time for the whole team to win. I ran a smart race with getting top three in the nation in mind," said Hallow. Hallow came out second, and is incredibly proud of his accomplishments.

The rest of the team met their goals and came out 4th in the nation as a whole team. "I was thrilled to have such a great team this year to share such a great accomplishment with," said Hallow.

Catamounts. Potomac State finished 4th overall, and they missed the victory podium. PSC's Region rival Howard took their spot this year. Potomac State XC team has only two years of experience, yet they are ranked as if they have ten.

SPORTS

“Tough Man” Tessa Sawyers

By Shelby Cutlip, *Staff Writer*

Tessa Sawyers, a PSC sophomore and the managing editor of the Pasquino, will be competing in the Tough Man contest on January 15th-16th of 2016. Sawyers has helped with the West Virginia Tough Man contest since the 9th grade.

The concessions for the event go toward her alma mater, Frankfort High School, in Short Gap, WV. She would auction off hot dogs and watch the fights in her few minutes of free time. The contest lasts two nights and consists of amateur boxers from the surrounding area of Cumberland, Maryland and West Virginia.

“I told my dad my Junior year that I wanted to fight in it when I was old enough, which was 18,” said Sawyers. My dad

said, “Thank goodness, at least you don’t want to be a ring girl!”

In May, Sawyers found a trainer. Ron Ketterman is a retired military veteran who has fought in some sort of style since he was 12. He also works at the Maryland state prison.

“At first I didn’t know if I could do it. I threw up twice after my first three weeks of training. It was hard,” said Sawyers. Sawyers trains with Ketterman two to three times a week, plus goes to the gym or runs on her own at least twice a week. Training consists of jumping rope, weightlifting, hitting speed bag and working catch mitts.

She has recently started sparring with people, but since the area is lacking female boxers, she mostly fights with men.

“Sometimes it makes me mad because they try to go easy on me because I’m a girl. If I hit them hard a few times, they usually come around and start actually fighting me,” said Sawyers.

Sawyers got a concussion two months ago from boxing with her friend.

“She knocked me in the face pretty hard, but I got right back up,” said Sawyers.

“For me boxing is an escape now. I am still learning a lot, and after a long day of stress at work or school, I want nothing more than to put on my boxing gloves and go to town,” said Sawyers.

Sawyer’s fighter name is Gingersnap.



Photo by Kayla Rowe
Tessa Sawyers preparing to compete in the annual “Tough Man” Competition on January 15-16.

Basketball Games

By DeJhard Kimbrough, *Staff Writer*

Both basketball teams are off to fast starts for the 2015-2016 season. The men are undefeated with a 7-0 record, and the women are 5-1. The women’s only loss was a one-point loss to Niagra County Community College. The men’s head coach is Justin Anderson, and Jim Walton is the women’s head coach.

The men, who finished 19-8 last season, have dominated so far. Of their seven wins, six have been won by double digits. The team is averaging 84.7 points per game as a team. Tyrell Edmiston (19.3), CJ Franklin (14.4), Travis Brown (12.7), Daylin Davis (10.2),

and Zackery White (9.0) are the team’s top five scorers. The men have six home games in December and January: Pennsylvania Highlands Community College (Dec.9), Butler County Community College (Jan. 9), Cecil College (Jan. 18), Southern Virginia University (Jan. 26), WVU Parkersburg (Jan. 28), and Community College of Beaver County (Jan. 30).

The women finished 17-5 last year. They have four returning players from last year’s team: Courtney Davis, Brooke Nesselrodt, Elizabeth Mills, and Lexi Carr. Through six games, the team is averaging 86 points per game. Alexis Carr (16.2), Kenyatta But-

ler (12.0), Courtney Davis (11.8), Katie Hoban (9.2), and Mary Feaster (7.2) are the team’s top five scorers. The women also have six home games during December and January: Hagerstown Community

College (Dec. 4), Butler County Community College (Jan. 9), Howard Community College (Jan. 13), Cecil College (Jan. 18), Allegany College of Maryland (Jan. 25), and WVU Parkersburg (Jan. 30).



Photo by PSC Communications Department
The Mens Basketball team.

OPINION

“This is Not a Daycare” Goes Viral

“While the perspective and examples of his letter are those from a leader of a religious-based higher education institution, this message is relevant to all institutions and all students. As President Piper indicated, higher education ‘is a place to learn; to learn that life isn’t about you, but about others.’ In other words higher education is a venue designed to teach students new ideas and promote interactions with unfamiliar people and unfamiliar situations that occur naturally in a global society. Therefore, learning can be an uncomfortable process. However, if properly nurtured, learning can also lead to better understanding, better communication, and greater success in our global society. We should all keep in mind Spock’s famous quote (Star Trek II: The Wrath of Khan), that ‘the needs of the many outweigh the needs of the few’ or the one.” - Dr. Colelli, PSC President

Here is the Dr. Piper’s full article in its entirety that was covered by media from <http://www.okwu.edu/blog/2015/11/this-is-not-a-day-care-its-a-university/>.

This past week, I actually had a student come forward after a university chapel service and complain because he felt “victimized” by a sermon on the topic of 1 Corinthians 13. It appears that this young scholar felt offended because a homily on love made him feel bad for not showing love. In his mind, the speaker was wrong for making him, and his peers, feel uncomfortable.

I’m not making this up. Our culture has actually taught our kids to be this self-absorbed and narcissistic. Any time their feelings are hurt, they are the victims. Anyone who dares challenge them and, thus, makes them “feel bad” about themselves, is a “hater,” a “bigot,” an “oppressor,” and a “victimizer.”

I have a message for this young man and all others who care to listen. That feeling of discomfort you have after listening to a sermon is called a conscience. An altar call is supposed to make you feel bad. It is supposed to make you feel

guilty. The goal of many a good sermon is to get you to confess your sins—not coddle you in your selfishness. The primary objective of the Church and the Christian faith is your confession, not your self-actualization.

So here’s my advice:

If you want the chaplain to tell you you’re a victim rather than tell you that you need virtue, this may not be the university you’re looking for. If you want to complain about a sermon that makes you feel less than loving for not showing love, this might be the wrong place.

If you’re more interested in playing the “hater” card than you are in confessing your own hate; if you want to arrogantly lecture, rather than humbly learn; if you don’t want to feel guilt in your soul when you are guilty of sin; if you want to be enabled rather than confronted, there are many universities across the land (in Missouri and elsewhere) that will give you exactly what you want, but

Oklahoma Wesleyan isn’t one of them.

At OKWU, we teach you to be selfless rather than self-centered. We are more interested in you practicing personal forgiveness than political revenge. We want you to model interpersonal reconciliation rather than foment personal conflict. We believe the content of your character is more important than the color of your skin. We don’t believe that you have been victimized every time you feel guilty and we don’t issue “trigger warnings” before altar calls.

Oklahoma Wesleyan is not a “safe place”, but rather, a place to learn: to learn that life isn’t about you, but about others; that the bad feeling you have while listening to a sermon is called guilt; that the way to address it is to repent of everything that’s wrong with you rather than blame others for everything that’s wrong with them. This is a place where you will quickly learn that you need to grow up.

This is not a day care. This is a university!

CIS Trip

By Jaiquan Parker, Staff Writer



Photo by Vincenza Cumbo

Mrs. Vincenza Cumbo, the Computer Information Systems Visiting Instructor, took a group of 12 students to the main campus of West Virginia University in Morgantown to meet with the State Police at the forensics lab. The students had the opportunity to speak with students as part of their cyber class and witness a presentation.

Cumbo says, “We offer courses for cyber security, and we also offer networking classes for the CIS

students.” Professor Roy Nutter of WVU, along with Mrs. Cumbo, worked closely together to collaborate the meeting.

Brian Keen, a freshman CIS major, says that after the trip, “he learned that the field seemed more interesting than expected” and that it “maybe” gained his interest in transferring to WVU after his two years here.

Jonathan Evans, also a freshman CIS major, said that after the

trip, “I learned about the various fields within the cyber security spectrum.” Evans also said that the club participates in competitions.

He said, “A lot of what they do is based around security of servers.”

Though he learned a lot, the trip did not change his professional goals concerning where he will go next.

OPINION

Dining Room Injustice?

By Drew Constable, *Co-Editor*

Isn't it funny how unfair things can be when you don't have any other choices in life?

If you are a resident student at Potomac State College, you are required to purchase a meal plan that allows you to eat at the Commons or at the Rapids.

In the past, students have been permitted to walk into the Commons to see the food before deciding where to eat. Recently, students have been told that they cannot go into the Commons before paying.

I reached out to Carol Combs, the Auxiliary Services Director, to ask about the recent change. I was told that the rule had always been that no students were permitted into the Commons without first paying for a meal. A few students have been eating in the Commons without paying.

Since this happened recently during the Thanksgiving dinner, the rule is now being enforced again.

So is this fair? I mean, if you are a student who lives on campus, you had to pre-pay for your meals for a semester. But you do not have to eat at the Commons, the all-you-care-to-eat option, you can choose to eat at Rapids, the fast-food option.

But now, in order to make this daily choice, you are forced to do so by only reading a menu (which, it is also important to note, is not completely correct 100% of the time).

College is supposed to be a time and place to grow, learn and become an adult.

It's up to you to decide whether taking away another real-world normality is okay with you. Especially when so many other issues already exist within dining services, such as

not being able to choose what food you want.

For example, current rules forbid that a student picks up a slice of pizza and a hot dog on the same trip, or even two portions of mashed potatoes on a single plate. This means that students are forced to stand in long lines, wasting valuable time, just to get the food they care to eat. Whether this is done intentionally or not, this can cause students to get less than the full meal they paid for.

Also, bowls, plates and cups have been placed or used while still wet, a concern to some students. And now, you are not even able to see the food before choosing where to eat.

But back to the original point: Can we the students do anything about it?

In the real world, the solution is simple: go somewhere else. You use your dollar vote and patronize a different establishment.

But in a situation where you are forced to buy at least 10 meals a week just to live in a resident hall, 19 for those who stay on the weekends, students can not make a choice to effect any real change.

If you do not eat the meals provided, you only benefit Dining Services. They get your money, and don't have to spend money to provide the service that you paid for.

So what can you do? My suggestion is that students speak up. At least, complain when you see some injustice happening, but do not take this as a call to be disrespectful to our awesome dining staff!

However, you can ask for a manager, and respectfully complain about any problem you perceive.

And maybe, just maybe, if enough students speak up for themselves, some sort of positive change will be made.

Refugee Crisis

Drew Constable, *Co-Editor*

An important question is being raised right now in the United States of America: Should the US accept Syrian refugees?

A civil war in Syria has forced about 750,000 people from their homes, most of which have migrated to Europe, according to the International Organization for Migration (IOM).

Also according to the IOM, more than 2,800 migrants have died trying to make the trip to Europe by sea.

But the question of US involvement has been put under the microscope since the tragic terrorist attack in Paris, France where 129 people lost their lives, and countless more were injured.

Opponents of the idea that the US should be involved point out that some of those responsible for the attacks in Paris were refugees seeking asylum in France. They also say that it would be near impossible to vet the thousands of people adequately to insure that terrorists don't use the opportunity to come into the US.

Proponents of the idea say that the US has a moral duty to help some of those in need.

So, what do PSC students think about this dilemma?

Kevin Riley, a freshman, said, "I think we should deal with getting homeless US Veterans off the streets before we accept any Syrian refugees."

Tessa Sawyers, a sophomore, didn't think that safeness was the issue but said, "I wish the government cared as much about helping the hungry and scared in our own nation."

Gale VanHouten, a junior, thought that the US should take in refugees. "I believe the vetting process takes long enough that it would deter many terrorist."

Opinions vary vastly on this complex topic, and no resolution will come until Americans can reach a consensus.

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OPINION

Christmas Movies

By Morgan Dyche, Staff Writer

The new film *Krampus*, a Christmas-themed horror/comedy, is hitting theaters soon. The film is based on an Austrian tradition about a Christmas spirit that takes bad kids to hell. Austria holds a parade in which young men dress as *Krampus*, get drunk and scare small children into being good.

This film goes against the usual joy and cheerfulness of the Christmas spirit. Many other films go against the Christmas spirit and many of them do it well, while others fail to deliver. Here are a few films that aren't your average Christmas movies. Some are good, some are bad, but they are all

worth watching.

Bad Santa (2003)

Directed By: Terry Zwigoff

This is the film that gets me into the Christmas spirit. *Bad Santa* is a raunchy and rude film starring Billy Bob Thornton as an alcoholic con man who poses as a mall Santa so he can rob the mall at night. All the jokes are offensive and nothing is off-limits in this dark comedy. It is one of the best anti-Christmas movies ever made.

Gremlins (1984)

Directed By: Joe Dante

Gremlins is a horror/comedy classic produced by Steven Spielberg and written by Chris Columbus, who also wrote *The Goonies*. It

is a wonderful special-effects driven film that centers around a small town being attacked by little green creatures called gremlins. The film is funny, scary and strangely reflective of our society's consumerism. *Santa's Slay* (2004)

Directed By: David Steiman

Santa's Slay is one of those films that fits in the "so bad, it's good" category of films starring former NFL player and pro wrestler Bill Goldberg as Santa. It is a tongue-in-cheek film in which Santa is actually a demon and goes on a killing spree. The film is anything but serious and features some hilarious kill scenes including death by icicle and even death by turkey leg.

1st US Goal

By Amber Butcher, Pasquino Adviser and Evil Minion Coach

Hannah Kress made her first U.S. goal during her first indoor soccer game at the YMCA. Kress, a PSC student from Australia, plays for the *Evil Minions*, a team comprised of five students from the PSC women's soccer team and three high school students.

The goal is actually Kress's first-ever goal as she plays defense on the outdoor soccer field. Indoor soccer is a faster-paced game on a smaller field and has permitted her to play several positions. Kress recently stopped about 10 goals in 10 minutes while playing keeper.

This is the first time many of the team members have played indoor soccer. At press time, the team is undefeated.

Winter Activities

By Courtney Smith, Staff Writer

It's that time of year again when the days get shorter and the nights get longer. If you're looking for some excitement on these cold winter days, get outside and enjoy all the winter activities in the local area.

The area has many different ski resorts within an hour of Keyser, W.V. Canaan Valley and The Wisp Ski Resorts offer a variety of winter activities. The Wisp is located in McHenry, Md. and is only 35 miles away. There is no student discount unless you buy a season pass, but to get the best deals, students should go Monday-Thursday. Snow tubing, ice skating, skiing, snowboarding, snowshoeing and horse-drawn sleigh rides are offered. You could visit Mountain Creek Cabins in Coopers Rock near Morgantown and experience dog sled rides.

Looking for a light show? Check out the largest holiday light show in

the U.S. at Oglebay Winter Festival of Lights in Wheeling, W.V. The annual season light show kicks off November 8th-January 5th, Sunday through Thursday, dusk till 10p.m. Even though it's a three-hour drive, most say it's worth it. The light show is free with a small donation expected.

Still not feeling like getting up and traveling to enjoy the winter weather? You could always go skating at Star Lite, five dollars to enter, two dollars for skate rentals, in Cumberland, Md. Catch a movie at AMC theaters at the Country Club Mall. On Monday's tickets are \$5 with a free small popcorn. You could spend an afternoon at the Cumberland YMCA for \$5 for a day pass or watch PSC boys or girl's home basketball games. You could always just go outside and build a snowman or go sled riding down the hill on A Street in Keyser.

Dear Editor

I think that there is a problem with the federal aid system. I do believe that federal aid for college is a necessary thing, because without it the caste system that exists in India could very well become a reality in America. It is not possible to work a part-time job to pay for all of college, and it is difficult to get a high-paying job without any experience, training, or college; therefore, discontinuing federal aid would keep the lower income citizens largely as lower income citizens.

However, I do think that some standards should be upheld. It is too often that I hear about students that all but drop out of school, using their free time to party instead of study. I understand that college students are young and should still be having a fun, social life, but there should be more strict standards for those students who are receiving federal aid.

I know that for most scholar-

ships, you must keep a 3.0 GPA. The Promise Scholarship gives college students a grace period for adjusting to college life the first year and sets the GPA requirement at 2.75, but the subsequent years are set at 3.0 for renewing the scholarship.

I think that federal aid should be held to similar standards. Currently, students receiving federal aid have to uphold a 1.6-2.0 depending on amount of credit hours. I think that students that receive federal aid should either be held to at least a 2.5 standard or a 2.0 with study-hall hours. If these students are not held to a GPA requirement, they should be held to an attendance requirement. To me, attendance and grades go hand-in-hand though. I think this would combat a lot of the public's qualms about sending lazy millennials to school for free.

Thanks,
Tessa Sawyers

AROUND CAMPUS

3D Printing at Potomac State

By Courtney Smith, Staff Writer

In October the library purchased a new 3D printer to add to their collection of technology. Dave Miller explained the new equipment. "Currently, the main focus is getting familiar with the equipment. Our future process is to help students in the engineering, biology, and agriculture fields," said Miller.

"We were able to help students in an agriculture class who were working on an aquaponics system project. They had a broken irrigation fitting on one of their parts, and we were able to have a working prototype within 24 hours for them. The first thing that was made from the printer was a camera mount for the media center's camera," said Miller.

As for real life applications,

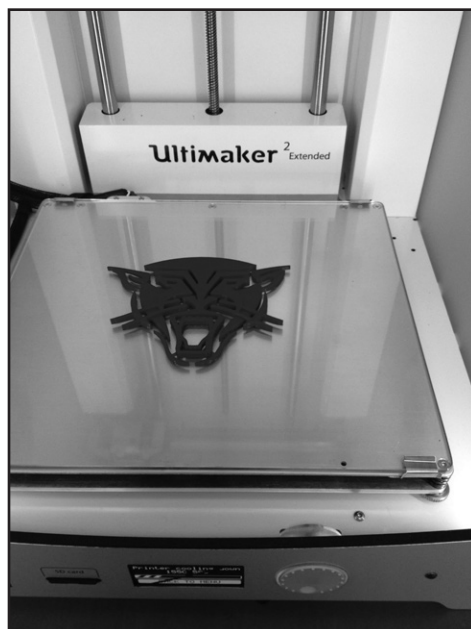


Photo by Courtney Smith

The 3D printer in the Mary Shipper Library printing the Potomac State College Mascot, The Catamount.

Miller said, "Any concept a student has can be put to the test. You can take your idea and see if the printer can bring it to life with an actual prototype. It's great in the sense of trial and error, as you can see if it works before going out to a company and spending all the money it would take to see if your idea could cut it. The 3D printer works by additive manufacturing of the piece. It builds up bites and materials to complete the object."

The printer cost a little over \$3,000. The vocational technical center in Mineral County has one that costs over \$20,000. "This is all pretty new to us, so we're still writing and crafting the policy of how to use it and the lay out. Our focus is strong towards academics and we want to give the best access to

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Hidden Messages in Technology

By Maria Francis, Co-Editor

Dr. Michael Pelosi, professor of Computer Systems Information, has been developing new software that he cannot wait to show Potomac State students.

The main focus of this software is steganography. Steganography is the practice of concealing messages within text or images that seem completely harmless. Essentially, steganography is a step above cryptology because no one suspects the message to be hidden when it reaches its destination; it does not draw attention to itself.

Steganography software is used worldwide. For those who are not fortunate enough to practice their own religions in a country, steganography is a great way to send mes-

sages around the world without the government knowing of your true motives. To the people who may be checking your email, it may just look like a normal family photo, but to you it's something entirely different.

Steganography dates back to the Greeks. The Greeks wrote messages on the back of a bald man's head; after his hair grew back, the man would pass enemy lines with the message undetected. When the man would arrive at the intended recipient, his head would be shaved again in order to relay the message.

Georgia Whitacre, a non-traditional student working on her bachelor's degree, is also working on this system. Whitacre has

worked many jobs where computer systems were a "daily tool." Whitacre, who has two associates degrees from Blue Ridge Community College, remembered how much she loved computer forensics when applying for classes at Potomac State.

"Dr. Pelosi made steganography not so boring and was able to answer questions that all the students had," said Whitacre. "He was able to teach us so that we could understand, which made steganography not so scary but actually fun."

"It would be a great asset if PSC could start a bachelor's degree in computer forensics and branch out to steganography, professional hacker catchers, and other internet

technician workers," said Whitacre.

For those who are not interested in the Computer Systems degree, Whitacre and Pelosi both say that this is a great skill to have.

For those looking for jobs in the criminal justice world, steganography is key for hiding messages and decoding them.

Dr. Pelosi is very well-versed in computer systems and has written numerous articles in journals on the subject.

Dr. Pelosi earned his Ph.D. from Nova Southern University in Ft. Lauderdale, Florida and has taught all over the United States.

Dr. Pelosi resigned, and he is returning to Florida.

PEOPLE

Aussie Mom Visits PSC

By Maria Francis, Co-Editor

In October 2015, Potomac State College welcomed a very special guest. Meredith Sproule, mother of the soccer team captain Alec Sproule, paid her son a visit and had an experience she will not soon forget.

"Alec had a dream to study in America and to be a part of a soccer program and see how far both of these things could take him," explained Sproule. "Clearly Potomac State agrees with him as his studies are going extremely well."

"Most Australians, particularly young ones, have a predetermined idea about America," said Sproule, who has traveled all over the world. She said that many Americans get the wrong idea about Australia, referring to the city of Sydney and the outback. "It was always going to be interesting to me to see how Alec settled in a rural, small town area." Coming to visit Alec was going to be a learning experience for her as well.

When she arrived, Sproule said that the Appalachians "blew [her] mind" and were "one of the most beautiful rolling mountain areas [she had] ever seen."

Sproule spent a lot of time with the soccer team. She watched practices, home games, and even got to travel with the team to their away games this season. "There is a wonderful sense of camaraderie there. Players, coaching staff and supporters, all united under the Catamount banner, all of whom welcomed me with open arms and included me as one of their own," said Sproule.

Sproule was also very surprised to see the many walks-of-life that this area has to offer. "[I met]

folks with many and varied social, economic and educational backgrounds," she said. "And yet for all their differences in opinion, I was very much struck by the overwhelming sense of togetherness, pride of place, and community spirit. A spirit often united under the banner of the Catamounts or the 'Flying WV.'"

It is apparent that Sproule very much enjoyed her three weeks with West Virginia/Maryland natives. On weekdays, she roomed at the Candlewyck Inn, and on weekends, she stayed with PSC staff member Michelle House. Sproule also spent time with Bill Keller and his family along with Jerry Dickens. "I had met many people via Alec, people that I got to know via email and Facebook," she said. "The hospitality I received was truly touching."

"I left feeling like one of you," she said. "I really do now consider myself a far-flung Catamount and WVU gal." Sproule will be returning in the spring to see her son graduate.

Geeks and Gamers

By Maria Francis, Co-Editor

The Geeks and Gamer's Club has something to offer for everyone. President Morgan Dyche said that the Geeks and Gamer's Club is a "time and place where nerds can get together to 'nerd-out.'"

Founded on the love of gaming of any kind, Geeks and Gamers is always seeking out new members. No matter what kind of game you like to play (card, video, board, etc.) the Geeks and Gamer's Club can find a spot for you. Just bring any game that you like to play to the student union on Monday's at 7 p.m.

Dyche also said that the club is a way for kids to get out of their rooms. "It gets students into a social environment," he said. "Students can play the games they love and interact with people who share the same interests."

Archery at Potomac State

By Damien Kesecker, Staff Writer

The Archery Club held the grand opening of their shooting range on October 15, 2015. The new range is located between the Agriculture Tech Building and barn fence, where archery club members can shoot during day-time hours.

The use of the range is solely privileged to archery club members, but all students are welcome and invited to join the club. "We were inspired by pictures of the rifle club from the 60's, and we decided to try and bring shooting sports back to campus. We have a lot of hunters and archers who can make great use of the range," said Brandon Borrer, founder of the Archery club.

"This is my hobby, I love this. Archery is fun, but safety is forefront; be cognizant, be safe, and be respectful of club members and the range," said Professor Goff. Mr. Goff asks all club members to leave the broad heads and crossbows at home, for these would cause tremendous damage to the targets.

The Archery club would like to extend their thanks to SGA and Maintenance for the donations and effort put forth in order to "make all of this possible," said Brandon Borrer.



Photo provided by Meredith Sproule

Pictured (Left to Right): Jake O'Farrell, Denny Plessas, Rhys Fing, Meredith Sproule, Alec Sproule, James House